



George Kinder

Mindfulness Teacher, Thought Leader, Father of Life Planning



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978-486-8053

"I'm so thankful George was put on this earth. The entire financial industry has benefited from his thought leadership. I hope like-minded practitioners continue to raise the bar."

-Michael Hu, Advisor at AdvicePeriod

Speaking Topics

A Golden Civilization and the Map of Mindfulness

- Shifts the focus of economic theory from moments of transaction to moments of freedom.
- Replaces self-interest with self-knowledge as the primary motivator of economic activity.
- Reorients time and space to the present moment allowing mental states as much as material conditions to be the proper focus of economics and civilization.
- Establishes new freedoms for civilization include economic transparency, freedom from corruption and war, getting money out of politics and media, and dramatically reducing inequality.
- Establishes mindfulness as the basis of experience and actions.

Golden Civilization Conversations

- A powerful conversation structure based in the methodology of Life Planning.
- Groups create a united vision of the future and deliver it in short order.
- Modeling participative democracy with conversations and linking groups all over the globe!

Spiritual Center Speaking Package

George offers an adaptable combination of interactive talks and meditation over an evening, and then a day and a half following aimed to inspire members of spiritual centers and religious institutions.

1. Speech, "A Golden Civilization and the Map of Mindfulness," with engaged interaction often on a Friday evening (1-2 hours).
2. Mindfulness workshop the following day, which he is happy to lead, co-lead, or follow the traditions of the particular community (day-long).
3. "Golden Civilization Conversation," an exercise in participative democracy, where the participants envision the society they would most like to live in, and then structure approaches to bring that civilization to life (2-3 hours).

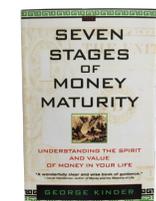
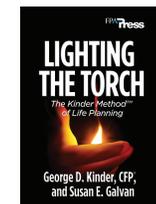
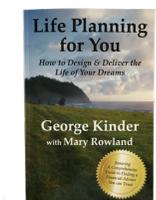
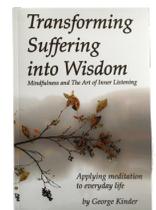
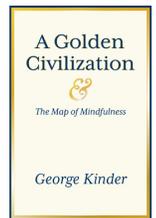
Biography

Founder of the Kinder Institute, Harvard-educated author and mindfulness teacher George Kinder has revolutionized financial advice for over 30 years by training over 3,000 professionals in 30 countries in the mindfulness based field of financial Life Planning. He has led retreats, written and taught about mindfulness extensively all over the world. His latest book, A Golden Civilization and the Map of Mindfulness, draws on his 50 years as a mindfulness practitioner, 30 years as a mindfulness teacher, and his experience training financial advisors globally to challenge the basic concepts of economics, our understanding of democracy, of space time, and our own hearts. His objective is to bring greater levels of freedom everywhere.

As seen in:

- **Universities:** Harvard University, Boston College, Coventry University, Pepperdine University, University of California Irvine
- **News Articles:** The Financial Times, The Wall Street Journal, Harvard Magazine, Forbes, Time Magazine, the New York Times and many others.
- **Spiritual Centers:** Esalen, Kripalu, Omega, Providence Zen Center, Maui Zendo, Nechung Drayang Ling.

Books



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